

GRACE – What a simple way to make time to be thankful, to acknowledge God, and recognise the blessings in your life and connect to the wonderful story of God. May I encourage you to say grace each day, keep it simple, allow yourself and the people with you to share their own reflections, and be thankful. YOU can be as creative or as simple as you like.

We would love to hear your reflections on saying grace this week!!

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Dear God thank you for today, bless this food to our bodies and the conversations to our hearts in Jesus Name, Amen.

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Our family Grace is a variation on what my Grandpa always said –

Dear Jesus

Thank you for this food,

We pray that you bless this meal

To our bodies

Amen

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Dear God,

Be present at this table as we enjoy your provision

Of friends, family and this food.

Remembering the family of CityView of which we belong.

May we eat this food, with hearts full of thankfulness and hope.

[Perhaps share what you are all thankful for...]

And we pray that in a world where so many are lonely, afraid, sick and struggling –

We might be nourished to extend hope.

We pray this is Jesus' name!!!

Amen

We pray For

Healthy food to eat

Each person at this table

Awesome people to prepare it

Practical people to help get it to us

Super people to grow it.

Thank you **HEAPS** God.
